



## FROM OUR PRESIDENTS

After a summer of fun and heat waves, we are ready to begin our 2022 – 2023 season. We hope everyone had a joyous time reconnecting with family and friends.

The year will kick-off with our Welcome Back Social on Wednesday, September 14<sup>th</sup> at 7:00 P.M. to be held at the Port Moody Seniors Friendship Society, 101 Noons Creek Dr., Port Moody. Our party theme is “Save Room for Dessert”. We will be serving up delicious fruit crisps and cobblers, tea and coffee. It reminds us of the sweetness of spending time together and we encourage everyone to add more sweetness to the party by inviting a guest who is interested in what CFUW Coquitlam, and the broader National Organization have to offer. We want to grow our club!

The Program Committee, chaired by Jane, has lined up a full slate of impressive guest speakers. We are off to a great start with Todd Gnessios, Director, Coquitlam Public Library, speaking on the future of

libraries at our October General Meeting in the City Centre Library. As far as our interest groups go, most have set meeting dates and some, like the Movie group, Garden Group and Lunch group have been active all through the summer.

Life can be terribly hard sometimes, and this past year was challenging for many members of our club. The passing of Pat Robinson, a long-time member of our club who always willingly volunteered her time, was an especially sad event. Other members, Sharon K., Sandra, Diane, Avora and Sharon T. all dealt with surgeries and are now in recovery. Sharon Tokar is now home from hospital after 98 days. Congratulations Sharon! We hope that this year will offer up good health to all our members.

As to the organization the Provincial AGM hosted by the Kelowna Club was a huge success due to the location, the program, and the pent-up demand to meet “in-

person” and not “on Zoom”. Unfortunately, the National AGM was held on Zoom but still a success due to the enthusiasm of the attendees and the volunteers from across Canada who did such a good job planning the conference.

A club is only as strong as its members, whether leading an activity group or sitting on the executive or just offering a helping hand. To all those who have graciously offered up their time to serve this coming year, we thank you. Still, the best way to show appreciation is to attend our events and activities – starting with our Welcome Back Social. We are looking forward to seeing everyone on the 14<sup>th</sup>!

*Respectfully submitted,*

**Debby Chisholm**  
**Silvina Luis**



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## **PROGRAM**

**Saturday, October 15th 1:00 p.m.**  
**Location:** City Centre Library  
**Speaker:** Todd Gnessios—Coquitlam Public Library  
**Topic:** The future of libraries

**Saturday, November 19th 1:00 p.m.**  
**Location:** City Centre Library  
**Speaker:** Tanya Lyn Werk—Scotia Bank Financial Advisor  
**Topic:** Wills and Executors

**Saturday, January 21st 1:00 p.m.**  
**Location:** Zoom  
**Speaker:** Karen Yip—a lawyer who teaches Legal Studies at Capilano University  
**Topic:** Aging in Place: Choro—A Digital Platform Connecting to Helpers

**Saturday, February 18th 1:00 p.m.**  
**Location:** Zoom  
**Speaker:** Silvia Mangué—President Black History Society of BC  
**Topic:** BC's Black Pioneers: their influences on the development of Vancouver Island

**Saturday, March 18th 1:00 p.m.**  
**Locations:** TBA  
**Speaker:** Carol Cram—Author, blogger, community cations consultant  
**Topic:** Exploring the lives of gifted women in historical fiction.

**Saturday, April 15th 1:00 p.m.**  
**Location:** TBA  
**Speaker:** Roy Jantzen—Faculty of Global and Community Studies, Capilano University  
**Topic:** Wildlife weekends in Southern BC

**Saturday, May 13th 1:00 p.m.**  
**Location:** TBA  
**Topic:** AGM

### **Your 2022 – 2023 Executive:**

Co-Presidents	Debra Chisholm; Silvina Luis
Past President	Jan Jasienczyk
Recording Secretary	Sandra Hochstein
Treasurer	Trish Kirkham
Membership	Kathy Barnet
CFUW	Louise Morgan
Program	Jane Promnitz; Mary Giovanetti
Social	Elspeth Head
Education	Sharon Kamitakahara
Communications	Ellen Wattam



## MEMBERSHIP

### MEMBERSHIP 2022-2023

I hope to see you at the September social, when you can renew your membership for the upcoming year. Dues remain at **\$120**, payable by cash, or cheque made out to : **CFUW COQUITLAM**

**If you are unable to attend**, you may drop off or mail your cheque to Trish Kirkham , 2754 Day-break Av, Coquitlam BC, V3C 2G1.

E-transfer of dues is possible by calling Trish at 604 464-0951 for the banking details.

Here is a breakdown of the fees we collect

National dues 55.00

Community Outreach 20.00

Fundraising 20.00

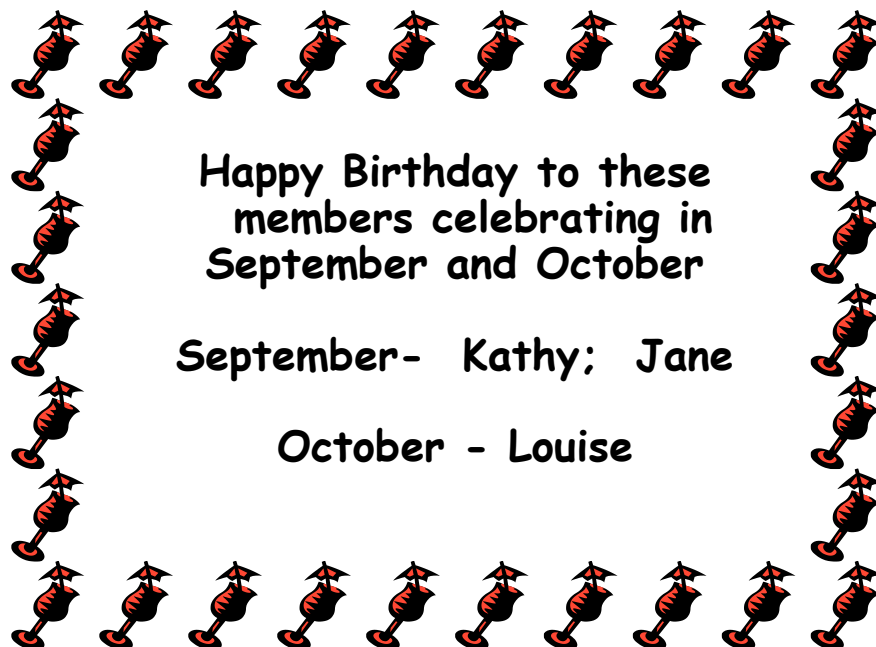
The balance is for our BC dues and insurance and club operations e.g. bank charges, stationery and postage, coffee supplies.

Please ensure that you stay informed about club events and CFUW issues by updating your phone, email address and home mailing address if they have changed since last year.

I look forward to seeing you on Sept. 14<sup>th</sup>.

**Respectfully submitted,**

*Kathy Barnet*





## Fundraising for 2022 – 2023

Once again, I would like to remind members of our ongoing fundraising and thank you for your support in the previous year.

**Return-it Express** - Only items for which you have paid a deposit can be returned for recycling. Milk products are now included. A complete list is available on the website. Items can be returned to any Return-it in the Tri-cities. Just bag them up in a clear or transparent blue bag. Limit heavier liquor bottles to 7 per bag. Generate a stick-on tag which is available from the machine using my phone number (604-464-0951). Scan the bar code with the gun at the machine and place tagged items in the bin at the back of the facility. We have done very well with this project and hope to keep it going for another year. If you have questions, give me a call or I find the ladies at the Barnet site are very helpful.

**Port Moody Liquor Store** – If you are purchasing liquor try to support our fundraiser at this store. (2929 St. John's Street in Port Moody). If you mention CFUW to the cashier, they will give us a percentage of your purchase price. If you need more information, Jan J. is handling this fundraiser.

**IGA** – The proceeds from this fundraiser were a little disappointing but we will keep it going for another year. You are required to preload a card available from Jan J. Use all the funds on the card to purchase your groceries. Keep reloading the card as long as you wish to use it. There are two IGA stores in the Tri-cities – The Westwood Plateau Shopping Centre and at Newport Village. You can use the card at any store in BC, so if you have friends or family that shop at IGA elsewhere, consider asking them to support us.

**Meridian Meat** – Debby is hoping to do another fundraiser with Meridian later in the fall. This was an excellent source of funds last year and we were told that we would be eligible for another anytime after September. Talk it up with your friends and get ready to purchase gift cards for that Christmas turkey or other treats. More on this later.

*Respectfully submitted,*

*Trish Kirkham*

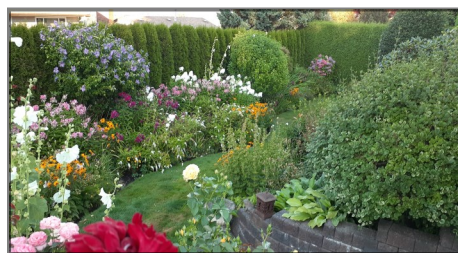
*Treasurer*



# ??? WHAT HAVE OUR MEMBERS BEEN UP TO ???



Trish's garden 2022



Trish's garden 2022



Wine tour—Kelowna 2022



Eclectic's in Chinatown



Bridge at Franziska's



Lunch at Vancouver Golf Club



Resolution discussion 2022



Lunch at Brown's



Lunch at The Golden Boot



Thelma Finlayson (June 29, 1914 – September 15, 2016), a 'trail-blazing' SFU entomologist who was still mentoring students past the age of 95 was a founding member of CFUW Coquitlam.



Her Memorial Service was delayed almost six years because of a plan to dedicate a bench and garden fountain in her honour at the new SFU Biological Sciences building not yet constructed at the time of her passing.

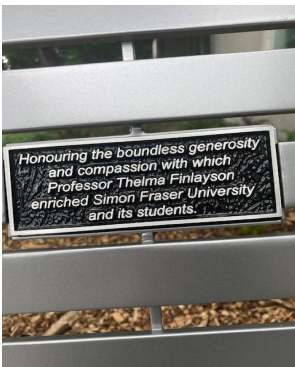
The club members in attendance at the Memorial Service hosted by the SFU Faculty of Science on June 29, 2022, are shown sitting on Thelma's bench in the above photograph.

She started her career as the first female scientist in the Department of Agriculture at Ontario's Belleville Research Institute in 1937. When she joined SFU in 1967, she was the Biological Sciences department's first female faculty member, and upon her retirement in 1979 she was made SFU's first professor emerita.

A founding member of SFU's Centre for Pest Management, Thelma studied larval taxonomy and specialized in the use of parasites as natural ways of controlling forest and agricultural pests. Her work led to two species of insects being named for her.

She was a quiet spoken, unassuming lady who often shared with her fellow CFUW members not her career accomplishments and honours, but the pure joy she derived from counselling more than 8,000 students in her role as a special adviser to SFU students in her retirement years.

Thelma's legacy lives on in honours such as a *Member of the Order of Canada* and the *YWCA's Women of Distinction Year Award*, and dedications such as *the bench* outside the SFU Biological Sciences Building, and the *Thelma Finlayson Stu-*



*dent Engagement Centre* at SFU. However, what stands out the most is her generosity, an endowment of 2.7 million to establish the Finlayson Chair in Biological Control and provide scholarships to students in the Master of Pest Management program, and the lives that she touched in so many ways as a SFU Professor, mentor, adviser, aunt and CFUW member.

## Tasoula Saparilla Berggren

### Outstanding Award for Contribution to the Republic of Cyprus

In mid-July, the Cyprus Ministry of Diaspora asked CFUW member, Tasoula Saparilla Berggren to return to her birth country, Cyprus to receive the **Outstanding Award for Contribution to the Republic of Cyprus** certificate and medal from President Anastasiades at his palace for life-time contributions in her role as:

1. Honorary Consul to Cyprus in British Columbia,
2. President of the Cypriot Association in Vancouver, and
3. Teaching Professor Emerita, Department of Mathematics, SFU, a founder of large conferences to encourage young women to pursue careers in mathematics.

To quote Tasoula, "I have always enjoyed these roles and never thought I would be awarded a medal from Cyprus, so this was a very nice surprise and honour."

Having received the Award Ceremony invitation on such short notice, her husband Lennart was not able to attend the ceremony because he was committed to giving a talk on sundials at a conference in Nashville, Tennessee. Her son Thorsten saved the day and stepped in for him. At such times one needs a loved one's steady hand to calm the nerves and share the joy: "Yes, that's my mother!"



President Anastasiades honoured eleven repatriated Cypriots from all over the world in a Ceremony on Thursday, July 18<sup>th</sup> at the Presidential Palace, and Tasoula was the Canadian one and the first in Canada to receive the award. This is her second prestigious service award. Her first award was the Outstanding Alumni Award for service to the Community and Simon Fraser University.

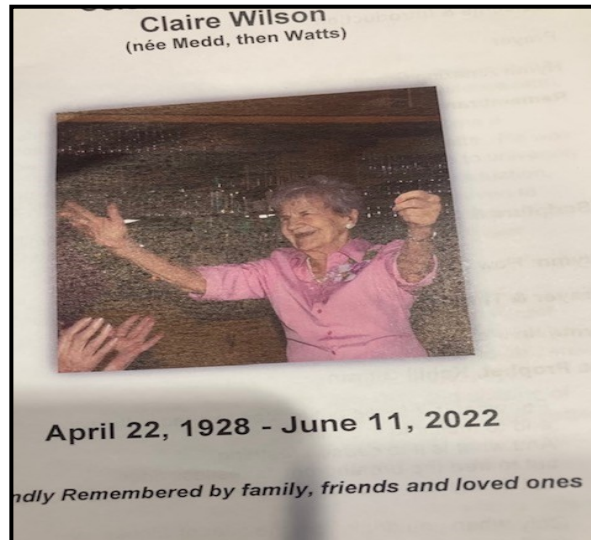
To a volunteer of such exceptional merit, we say congratulations!





*Claire Wilson*

*April 22, 1928 - June 11, 2022*



Five of us attended the service for Claire( Silvina, Diane , Trish, Kathy and Debby.)

Irene's son, Bob spoke Irene's reflections on Claire- including a poem Irene wrote for Claire on her 80th birthday.

It was a very lovely service.

The CFUW Coquitlam Executive invites you and any  
of your friends interested in joining the Club to the annual

*Welcome Back*  
*Dessert Party*

to be held on

Wednesday, **September 14th, 7 to 8:30 PM**  
at the **Port Moody Seniors Friendship Society**

101 Noons Creek Dr. Port Moody

**RSVP:** by Sept 1st to **Elsbeth Head**

[elsbeth-head@shaw.ca](mailto:elsbeth-head@shaw.ca)

Save  
room  
for  
Dessert

